

# Psychiatry

Monash Health Refugee Health and Wellbeing provides a psychiatry service for adults aged 25 - 65 years, presenting with a range of mental health issues, including:

- A history of trauma / torture;
- Depression;
- Anxiety;
- Complex grief and loss.

This service is for asylum seekers and refugees who require **non-urgent** psychiatric care to manage a mental health condition. The psychiatry service is part of the integrated Refugee Health and Wellbeing service located in Dandenong, and as such, clients also have access to the broader multidisciplinary team, including psychological support.

Referrals will be accepted from a treating GP/doctor. Clients referred to this service should not be experiencing acute psychotic symptomology or acute suicidal, homicidal ideation, or have a known history of aggressive behaviour.

In order to assist with triage and ensure timely access to care, we request that all referrals are inclusive of the following information:

- Previous mental Health diagnosis
- Details of previous mental health services
- Torture and trauma history
- Current medications
- History of suicidal ideation, homicidal ideation, aggression, psychosis

The psychiatry service is also available to provide primary, secondary and tertiary consultation to the region including, SRSS, health practitioners and other mental health service providers.

## Need advice?

Refugee Health Nurse on Triage  
**Ph:** 9792 8100

## How to refer:

Fax all referrals to:  
Attention: Refugee Health Nurse on Triage  
**Fax:** 9792 7759